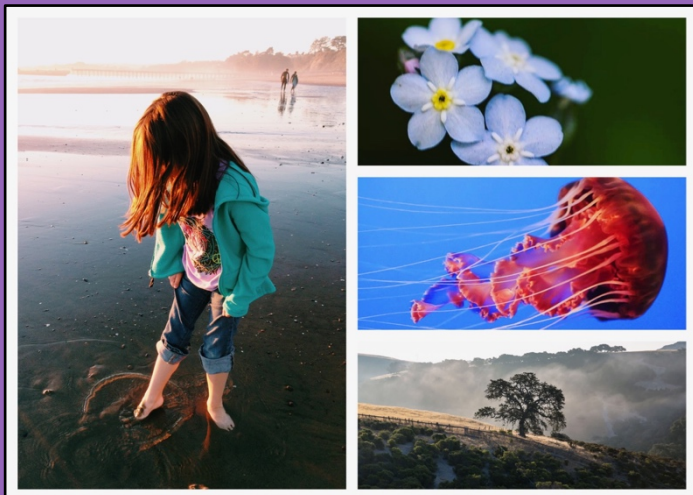




# The Silver Slug

Official Newsletter of the UCSC Retirees Association  
Volume 32, Issue #3, February 2022

Join us for our Annual Speakers Luncheon  
Wednesday, March 23, 2022 1:00 – 2:30pm  
A Virtual Event on ZOOM



**THE PLAY OF  
DIGITAL PHOTOGRAPHY  
AND FINDING YOUR MUSE**

**WITH ROBIN E.H. OVE**

We're all getting pretty good snapping shots with our phones. We think nothing of the hundreds of images of selfies, food plates and gatherings. But what happens when you decide you want to do better? Do you challenge yourself with the camera you have? Do you dive headlong in researching the latest and greatest digital camera and all the accouterments? Is your Instagram feed now full of National Geographic feeds and photographers? Suddenly it seems overwhelming doesn't it? It doesn't have to be. Let's have a conversation about the value of play and finding your muse in photography. Robin will lead the conversation with images from a variety of genres and talk not only about the tools, but thought processes that went into their capture. Registration is required for this event, an e-mail will be sent out with a link to sign up.



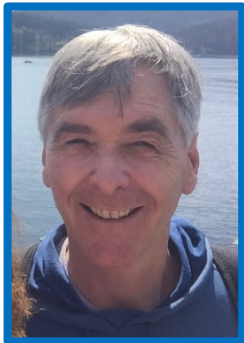
#### About Robin:

Thirty-two years in technology taught Robin the value of reading the manual and a lifetime of holding a camera has heightened her visual awareness. Nature, food, travel, and fine art photography are all fair game. She has an eclectic eye and painterly whims with a deep appreciation of the power of experimentation and observation.

Instagram: @robinehove

Facebook: <https://www.facebook.com/robinoephoto>

Web: <https://robinoeve.com>



## President's Message February 2022

Dear Retirees,

I hope that the New Year finds you all well. I really miss socializing in person. I look forward to the day when we can gather to visit and eat together. Until then, we have a few virtual events coming up and some other news to report. In case you missed the winter Holiday Party on December 7, we had a wonderful ZOOM gathering in lieu of an in-person party. EVC Lori Kletzer and Interim Vice Chancellor for the Division of Student Affairs and Success Jennifer Baszile joined us to celebrate the holidays. It is always great to hear directly from our campus leaders and to share time with our friends and colleagues.

Back by popular demand, or at least by suggested interest, the UCSC Retirees Association will soon be hosting another ZOOM Happy Hour. The date and time will be announced. We still can't socialize in person, so the next best thing is a Zoom party. One of the joys of our virtual events has been seeing our colleagues who no longer live in the area. Please join in to catch-up. You won't need to leave your living room, but you will need to bring your own beverage. Registration is required and we will send out an e-mail soon with a link to sign up.

We will also hold our Speakers Luncheon on March 23 and Scholarship Luncheon on May 10<sup>th</sup> as virtual events. Since we are still not expending our budget for in-person events, the Board voted to once again not send out bills for membership renewal dues. We appreciate those of you who have volunteered to go ahead and send in your annual dues, but we won't formally start sending out reminders again until July 1, 2022. I certainly hope that we can meet in person by then!

The Retirees Association Board is seeing some changes. Treasurer Elizabet Hiatt has stepped down and will be replaced by Elaine Wedegartner. Thank you Elizabet for your great work. We wish you all the best. Many of you will remember Elaine from her long tenure at the Registrar's office and then with the Benefits office. If you know Elaine, you know that we are lucky to have her on the board. Martha Keeler will also be stepping down from the Board. Martha served in multiple capacities since 2014. Thank you for your contributions. We will miss you. Past President Patt Takeuchi is also stepping down from the board. She has been a guiding force, as well as a generous contributor to the Board for many years. Patt will continue to create and sell beautiful crafts for the benefit of our Silver Slug Scholarship fund. Thanks for everything, Patt! Past President Ilse Lopes has taken on the role of Interim Chair of Fundraising. Primarily, this position guides our efforts to raise money to support the two Retirees Association scholarships: the Bruce Lane Memorial Scholarship for military veterans and the Silver Slug Scholarship for staff, retirees and their dependents studying at UCSC.

Finally, we are starting much needed updates to our Retirees Association website, some of the info was embarrassingly outdated. Keep an eye out for our new Volunteer Connection page. Please let me know if you are looking to volunteer or are willing to talk to others about your volunteer work. That's it for now. I hope to see you all soon!

Bill Parro  
President, UCSC Retirees Association  
[wcparro@ucsc.edu](mailto:wcparro@ucsc.edu)



New Members  
Greta Hutchison - Lecturer French  
Michael Hutchison - Professor Economics

### MEMBERSHIP NEWS

As you may have noticed, we have not been sending out reminders regarding membership renewal. We had hoped that by now we would be able to resume activities in person, but it is still too early. The Retirees Association Board met recently and decided to postpone the reinstatement of dues to July 1, 2022 with the hope that our current pandemic situation will improve by then. You will receive a reminder prior to this date when we resume dues collection.

We are all looking forward to the day when we can gather again in person. Until then, please be sure to keep some things in mind. Whether you are near or far, as a member, you can stay in touch. We continue to publish the quarterly newsletter that keeps you up to date on Retirees Association information relevant to retirees, and we are in the process of updating our website. <https://retirees.ucsc.edu/>

Since March 2020 when the COVID pandemic began, the Retirees Association has continued to hold our quarterly social gathering (Fall Picnic, Holiday Gathering, Speaker's Luncheon and Spring Scholarship Luncheon) virtually as ZOOM events. We also continue to support and raise funds for our student scholarships: The Bruce Lane Memorial Scholarship for military veteran students and our Silver Slug Staff Scholarship for current or retired UCSC staff and their dependents studying at UCSC. For those of you who have donated in conjunction with your membership dues in the past, there is information on page 6 on how you can continue to support the scholarship programs.

Looking ahead, we hope to bring back some of our past favorite excursions in person, such as:

- Elkhorn Slough kayaking
- Pickleball lessons
- Walking tours of UCSC Lime Kiln, Castro Adobe, Wilder Ranch, UCSC Farm & Garden & Arboretum, Ano Nuevo, and Filoli Gardens
- Whale watching out of Moss Landing
- Beer/wine/chocolate tastings

So, let's all hope that we can get together soon in 2022! Until then, take care and be safe.



### In Memoriam - June 2021 to December 2021

*Word of the deaths of the following UCSC Staff and Faculty has been received.  
Condolences are extended to their families, friends and colleagues.*

Wanda Jett  
Beverly Scofield  
Carolyn Miller  
Robert Garrison



## Christy's Corner - News from the Retiree and Emeriti Center

Christy Dawley, Coordinator, UC Santa Cruz Retiree & Emeriti Center  
(831)502-8202 rec@ucsc.edu

### Caring for Caregivers

National Caregivers Day is the third Friday in February. Take a moment to show your appreciation for professional and volunteer caregivers making a big difference in the lives of others, even if that means for yourself.

About one-fifth of adults in the United States take care of a family member or friend who needs assistance. The role of caring for loved ones who are aging, sick, or disabled is rewarding and, at times, exhausting. For many, these strains have only increased during the pandemic when many support services were closed. According to the AARP and National Alliance on Caregiving report in 2020, an estimated 1 in 5 Americans, roughly 53 million people, provided unpaid assistance with daily living or medical needs to an adult or a child with special needs. The total is up nearly 10 million in comparison to 2015.

Findings in the 2020 survey report of UC Retirees by the Council of University of California Retirees Associations (CUCRA) showed that 53% of respondents have served as caregivers to a spouse, parent, grandchild, or other family members. Some respondents also noted that they helped out their children during the pandemic who had become unemployed or assisted with the care of grandchildren learning at home while their parents worked. You can find the entire report on the UCSC Retirees Association website at <https://retirees.ucsc.edu/announcements/2020-retirees-survey-article.html>

Helpful resources:

The Alzheimer's Association has 100 suggested ways to share the care and support caregivers:  
<https://hdsa.org/wp-content/uploads/2015/02/12048.pdf>

Strategies and support for your own well-being as a caregiver:  
<https://www.caregiver.org/caregiver-resources/caring-for-yourself/>

Relax with a short yoga session from the comfort of home:  
<https://www.youtube.com/watch?v=buGPT5aRXKg>

Family Caregiver Toolbox:  
<https://www.caregiveraction.org/family-caregiver-toolbox>

Locating Services by State:  
<https://www.caregiver.org/connecting-caregivers/services-by-state/?state=california>

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The UCSC Retirees Association is an active member of CUCRA, a systemwide consortium of 13 organizations representing retirees from nine campuses, three national laboratories, and the UC Office of the President.





## McIvor's Corner – News from the UCSC Benefits Office

Marianne McIvor, Health Care Facilitator (she/her)

Voice: 831-459-3573; Mobile: 831-566-1849; [mencivor@ucsc.edu](mailto:mencivor@ucsc.edu)

**Greetings .....** from the desk of the UCSC Health Care Facilitator. Although we are in February already, I hope it's not too late to wish you a hearty Happy New Year! I'm sharing a few news items of topical interest below...

### **Anthem Members: Your Pharmacy Needs Your 2022 Rx ID Card to Cover Your Meds**

A friendly reminder that as of January 1<sup>st</sup>, Navitus Health Solutions is the new pharmacy benefit manager for UC Medicare PPO and UC High Option Supplement to Medicare, as well as the non-Medicare plans: CORE, UC Care and UC Health Savings Plan. If you have not yet visited the pharmacy in 2022, please make sure to bring your new ID card to your pharmacy on your next visit. New ID cards with updated Rx information were mailed to home addresses in December and, for some UC retirees that experienced delays with their Rx benefit transition, continuing into January 2022. If you have questions about your prescriptions, visit the Navitus website at <https://benefitplans.navitus.com/university-of-california> or call the Navitus customer care team anytime day or night. Medicare members can call: 866-270-3877; Non-Medicare members call: 855-673-6504.

### **2021 Tax Statements**

Printed 1099-R forms were mailed January 31, 2022, to the address you have on file. UC sends you a printed form unless you requested an electronic version. If you requested an electronic version, your 1099-R statements are available for viewing and downloading from your UC Retirement At Your Service (UCRAYS) account. Go to "Benefit Payments & Taxes" and click "Tax Statements". UC does not send tax documents by email or text.

- To learn more about current tax scams, visit <https://www.irs.gov/newsroom/tax-scams-consumer-alerts>
- Need to update your address? See <https://ucnet.universityofcalifornia.edu/retirees/ucrays-how-to-guide.html>
- Information on the availability of IRS Form 1095 for your 2021 taxes can be found at: <https://ucnet.universityofcalifornia.edu/news/2022/01/availability-of-irs-form-1095-for-your-2021-taxes.html>

### **Are You or a Family Member Turning 65 Soon? Medicare Education is Available**

Attend educational webinars and/or view presentations on UC Medicare plans offered Anthem, Kaiser and United Healthcare. These informational sessions cover Medicare basics, benefits, supplemental services & programs, and UC eligibility & enrollment. For members covered by the Anthem Blue Cross non-Medicare plans: CORE, UC Care and UC Health Savings Plan, there is a pre-recorded presentation at: <https://www.ucppoplans.com/ucc/transitioning-to-medicare> For those covered by UC Blue & Gold HMO, a Health Net plan, the Medicare-partner plan is UC Medicare Choice, a United Healthcare plan. The Medicare-partner plan is the plan you will transition to when you become eligible for Medicare. Monthly presentations by the United Healthcare team with a Q&A period are offered; pre-recorded presentations are also available. Please visit the following website for webinar schedule and more information: <https://uhcvirtualretiree.com/uc/turning-65#seemore>. In addition, Kaiser Permanente HMO members can attend a presentation followed by Q&A, offered on a monthly basis. Please visit the link below for the schedule and to register your attendance, which is required.

<https://event.on24.com/eventRegistration/EventLobbyServlet?target=reg20.jsp&referrer=&eventid=3052842&sessionid=1&key=CB38857B7B7ABC61CDCDBF02B3AAB61D&regTag=2163890&V2=false&sourcepage=register>

And finally, I'll share some feel-good podcasts on the UC Net website that you might find interesting. Enjoy!

<https://ucnet.universityofcalifornia.edu/news/2022/01/feel-good-podcasts-to-start-off-2022.html>

## Scholarship News

Our annual Scholarship Luncheon will be held on May 10<sup>th</sup> and it will be virtual event via ZOOM.

The current balance of our two scholarship endowment funds are as follows:

- UCSC Retirees Association Bruce Lane Memorial Scholarship Endowment - \$211,295.
- Silver Slug Award Scholarship Endowment - \$63,198.

Please see our Giving page on the UCSC Retirees Association website with information on how you can support our scholarship programs.

<https://retirees.ucsc.edu/give.donations/givenow.html>

### Shop online at the Zazzle Silver Slug Store



You can shop for t-shirts, coffee mugs, visors, key chains and many other items with the Silver Slug logo. Proceeds from the sale of these items will raise funds for scholarships for UCSC students through the Bruce Lane Memorial Scholarship for Military Veterans and the Silver Slug Scholarship for staff and their dependents who have financial need.

<https://www.zazzle.com/silverslugs?rf=238135498215017315>

**Congratulations to UCSC for raising over \$94,000 in support of the Second Harvest Food Bank Holiday Food & Fund Drive.** 100% of the funds raised go to providing food to distribute at partner agency locations throughout Santa Cruz County. Since March 2020, the need for assistance has increased and food distribution has doubled from 650,000 pounds per month to 1.2 million pounds per month. On average the number of Santa Cruz residents receiving food rose from 55,000 to over 100,000. Individual members of the UCSC Retirees Association and Emeriti Association together contributed \$1445 to the cause. The Associations were included on the campus page (listed as retirees) along with other units supporting the effort from UCSC:



<https://give.thefoodbank.org/teams/16440-uc-santa-cruz>